

# BRILLIANT COACHING

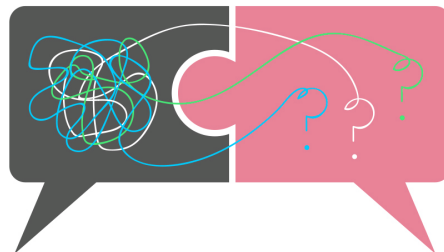
## Transforming the way you lead

### How do you make coaching brilliant?

1. You know how to build rapport and trust.
2. You know moment by moment whether to coach, mentor, direct or instruct.
3. You know how to adapt your approach to get the best from the person, the situation and the role.
4. You lead with the right questions not advice.
5. You manage silences effectively in coaching conversations.
6. You know the difference between helping others and developing others.
7. You trust the process of coaching.
8. You achieve creative breakthroughs in others.
9. You are equally confident coaching peers, students and line managers.
10. You demonstrate emotional intelligence.

### You make coaching relational

Brilliant coaching isn't formulaic or scripted, it's relational. For exactly that reason, emotional intelligence is at the heart of this programme.



Over three days as a participant, you'll learn the knowledge, skills, attitudes and habits of emotional intelligence along with ways to adapt your approach as a leader. Combined and applied, these practices will make your coaching brilliant.

# Programme details

## Day 1

Applying emotional intelligence through

- forming as a group
- clarifying the difference between coaching, mentoring, directing and instructing
- experiencing these differences in practice

## Day 2

Applying emotional intelligence through

- exploring how individual styles and attitudes impact on interpersonal effectiveness
- understanding interference – moving people from being resistant to being more receptive to personal development
- experiencing coaching in practice

## Day 3

Applying emotional intelligence through

- noticing the language used in a coaching conversation
- responding to visual metaphor and intuition
- experiencing coaching in practice

## Dates for 2024

9.30am – 4.00pm

Day 1: Wednesday 25th September

Day 2: Thursday 24th October

Day 3: Friday 22nd November

## Dates for 2025

Day 1: Friday 31st January

Day 2: Thursday 6th February

Day 3: Wednesday 9th April

## Venue

I facilitate the programme virtually on Zoom which means the programme is accessible to participants anywhere.

I find the small group size and virtual setting is even better than being together in one room, not least because the use of break out rooms for coaching practice in triads is really excellent.

## Group size

9 people

## Cost

£490 plus VAT

Includes 1 year's membership to [Solutions](#)

On completing the programme you will receive a **Brilliant Coaching** certificate of attendance from [People Intelligence](#)



## Maureen Bowes

I am a qualified ILM Level 7 Executive Coach and Leadership Mentor and have coached headteachers and leaders in Hampshire for over 15 years.

I have a post-graduate certificate in Applied Emotional Intelligence and I am an Ambassador for Psychologies magazine. I have successfully facilitated *Transformational Coaching for Leaders in Education (Levels 1, 2 and 3)* for Hampshire CC since 2010.

I can't wait to welcome you on this new programme and develop brilliant coaching with you.

To register or add your name to the waiting list, email [maureen@peopleintelligence.com](mailto:maureen@peopleintelligence.com) with your name, your school and your role.