

Individual and Team Coacting Styles



Individual & Team Coacting Styles

Part 1

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Part 1
Individual and team Coacting Styles

Part 2
Qualities & flip side of each style

Part 3
Adapting your Coacting Style

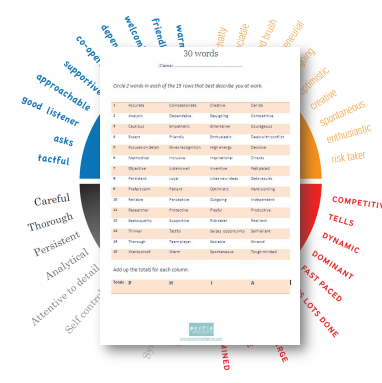
Part 4
Coacting Styles in teams – implications and ideas

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Goals

- To introduce a simple model of relating
- To get the best out of each other when we communicate
- To raise awareness of the impact you have on others and that they have on you
- To get to know one another better
- To start a development process

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30 words

Circle 2 words in each of the 15 rows that best describe you at work.

1	Accurate	Conscientious	Creative	Curious
2	Anxious	Dependent	Helping	Competitive
3	Optimistic	Optimistic	Optimistic	Optimistic
4	Search	Friends	Strategic	Open to conflict
5	Passionate about	Work/organization	High energy	Decisive
6	Intentional	Intuitive	Impulsive	Direct
7	Spontaneous	Spontaneous	Spontaneous	Spontaneous
8	Persistent	Like	Like to see things done	Detail-oriented
9	Pragmatic	Practical	Optimistic	Hard-working
10	Reactive	Responsive	Organizing	Independent
11	Responsible	Proactive	Practical	Productive
12	Intuitive	Spontaneous	Intuitive	Spontaneous
13	Thoughtful	Spontaneous	Spontaneous	Spontaneous
14	Thoughtful	Team player	Sociable	Direct
15	Intentional	Warm	Spontaneous	Highly motivated

Add up the totals for each column.

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30 words

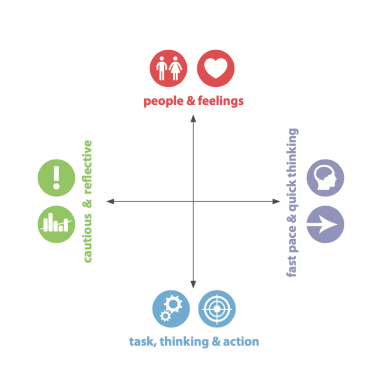
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PRESS PAUSE NOW



people & feelings

cautious & reflective

task, thinking & action

fast pace & quick thinking

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Individual and Team Coacting Styles

Harmoniser Get along!	Innovator Get attention!
Perfectionist Get it right!	Achiever Get it done!

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Harmoniser Get along!	Innovator Get attention!
Perfectionist Get it right!	Achiever Get it done!

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* Most people are at home with 2 or 3 Coacting Styles

Harmoniser Get along!	Innovator Get attention!
Perfectionist Get it right!	Achiever Get it done!

* No best style for leadership or management

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30 words

Circle 2 words in each of the 15 rows that best describe you at work.

1	Accurate	Compassionate	Creative	Detail
2	Analytic	Dependent	Designing	Competitive
3	Outgoing	Emotional	Disruptive	Organized
4	Expert	Friendly	Enthusiastic	Open to criticism
5	Resourceful	Strategic	High energy	Decisive
6	Intuitive	Inclusive	Imaginative	Direct
7	Organized	Collaborative	Charismatic	Hard worker
8	Perceptive	Logical	Systemic	Self-motivated
9	Practical	Passive	Outgoing	Self-critical
10	Flexible	Perceptive	Outgoing	Independent
11	Resourceful	Proactive	Passive	Proactive
12	Resourceful	Submissive	Flexible	Resistant
13	Organized	Spontaneous	Detail-oriented	Spontaneous
14	Thorough	Team player	Sociable	Shrewd
15	Wants to lead	Warm	Suspicious	Tough-minded

Add up the totals for each column.

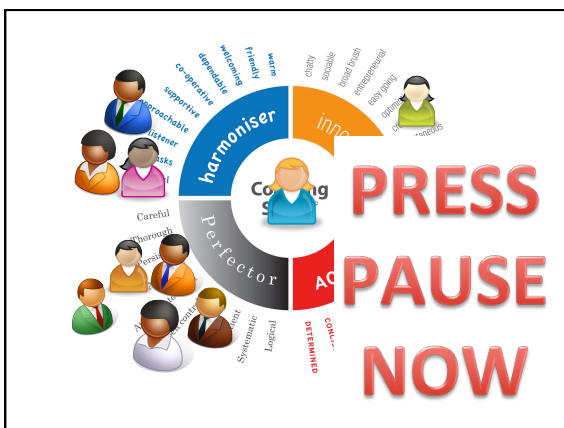
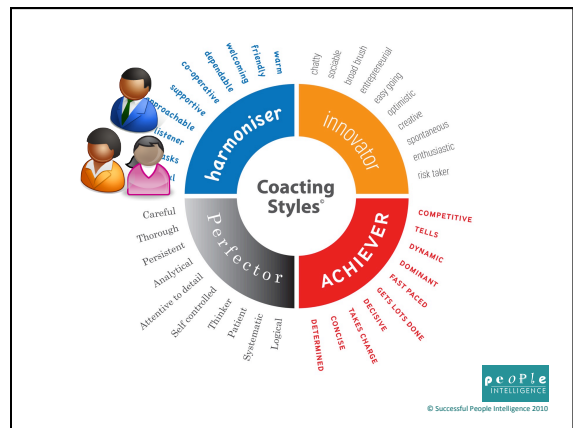
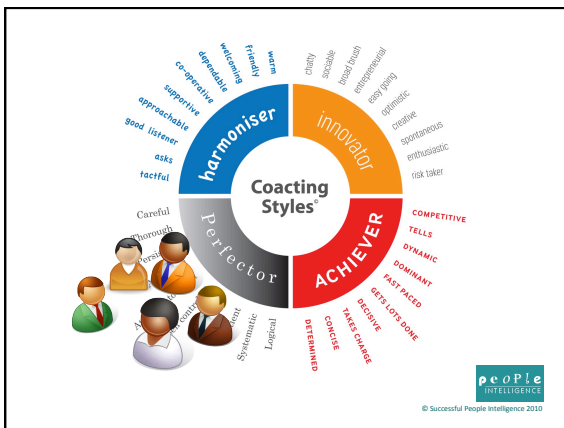
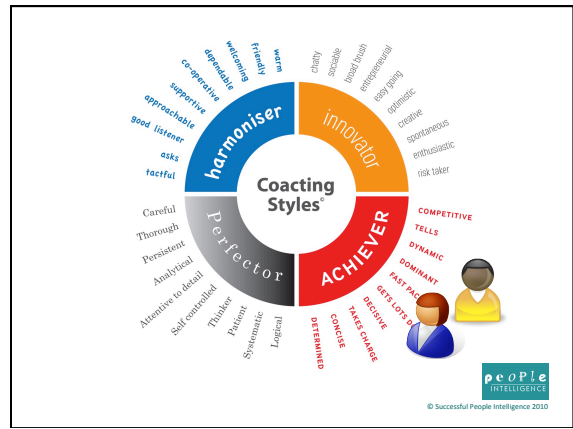
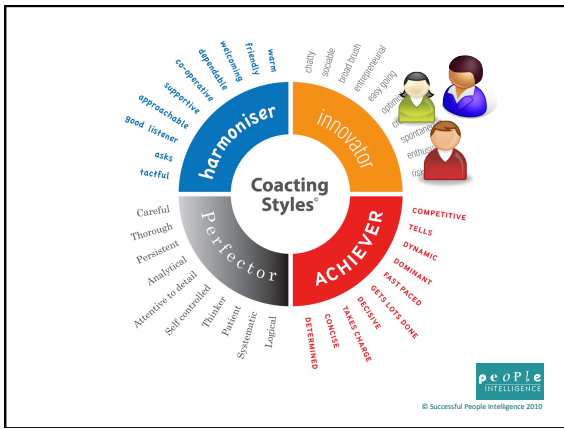
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Where are you?



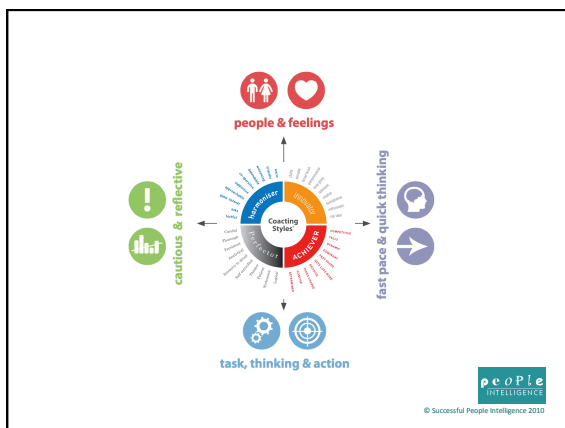
Individual and Team Coaching Styles



Individual and Team Coacting Styles

We don't see things the way they are...

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Accompanying materials

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Any surprises?

Does your self perception match how other people perceive you?

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