

Individual Action Plan

Name.....

The most important thing I have learned is:

My strengths are:

The areas I want / need to improve are:

I intend to develop these areas by: (i.e. What action will you take?)

What timescale will you give yourself to develop these areas?

How will you know when you have achieved these objectives?

What feedback do you need? From whom?

How might you sabotage the above plan?

What support could you get to prevent you from sabotaging your plans?

How frequently will you review your progress? With whom?

